

Food Access, Outreach and Education Task Force Meeting

August 5, 2013 at 3:00

Fargo Cass Public Health Room #5

Present: Kim Lipetzky, Anita Marocco, Deb Haugen, Cheryl Stetz, Lynn Wolf, Rory Beil, Nikki Johnson, Megan Ness, Lloyd Harding, Courtney H., Jenna Marquette, Breanna Taralson, Bryan McCoy, Rita Ussatis, Joni Nudell, Twila Singh

Food Systems Report and Plan update

- Metro COG continues to work on the food systems report, timeline includes:

 - 8/6/13 meeting of the Study Review Committee

 - 8/14/13 meeting with selected key leaders from various jurisdictions

 - Mid to end of August – public comment period

 - Fall work to obtain approval from various jurisdictions

 - Action item:** Kim will notify CCFSI members when public comment period opens

Mobile garden – update and review of August calendar

- Action items** for the remaining mobile garden dates include:

 - 8/8/13 – Cheryl will borrow Lynn's pickup and pull to Dilworth Farmers Market

 - 8/12/13 – Rory will borrow Lynn's pickup and pull to New Festival Market; Kim will follow up on getting the fee waived; Kim, Cheryl and Deb can provide education

 - 8/25/13 – StreetsAlive! if the garden looks presentable

Twila is working on a cost analysis

Add mobile garden recap and planning for next year to the September agenda

Healthy Food Festival at StreetsAlive! – see below

Other – West Fargo StreetsAlive! September 21st – Rory requested we consider doing some activities for this event as well. We will discuss at the September meeting.

Next task force meeting set for September 9th, 3:00 at Fargo Cass Public Health, basement conference room # 3.

Agenda to include:

- September 21st StreetsAlive!

- Mobile garden discussion

- Future projects discussion (I included a few that came up at the meeting as well as some that were sent from Bryan):

 - NDSU student associations – healthier fund raisers;

 - revisit convenience store interventions

 - nearly half of the population in the FM area live in apartments, a large percentage of these are low income families. How can these families start their own "garden" in their apartment or on a wide scale within complex?

 - food deserts - how can we address these

 - how can we encourage healthy foods over non-healthy foods?

 - community education on the cost of food and how to get more items for less money.

Next large group task force meeting September 26, 8:05-10:00am, Cass County Extension

Streetalive! Healthy Food Festival August 25: 12-5 p.m. 1st Ave. N. just south of the Civic Center parking lot.

Confirmed activities:

The mobile garden

2 Fruit and Veggie cutouts

Food stand 1: healthy concession stand – sales*, see offerings below

Food stand 2: Healthy concession taste sampling*

One Vegetable One Community – taste sampling of *bean dish*?

NDSU veggie kabobs can be here too

*evaluation/survey regarding items- *complete it right at the booth?*

Rain barrel and composting display – Soil Conservation, MSUM, Megan

Dance/performance groups: 2 groups are available and confirmed

1:00 Native American Drum group; (Don Warne, Director of MPH program, NDSU introduce?)

3:00 Mexican American Dance group – Tonantzin, we need to decide where to place the performances, both also need a place to change/dress

Have a discussion on the radio station, probably Froggy, follow up with station on use of the microphone system for the performers. (If Y94 is the station then MAT bus will be on other side of the radio station to promote the commuter challenge.)

Smoothie vendor

NDSU carrot costume – Twila volunteered to wear costume, could hand out fake money for those selected to spend at the healthy concessions stand.

Nikki Johnson, Cass County Extension, will have an educational activity, 8th grade STEM project.

NDSU team-makers kabobs – Grill veggies Casey Weber, a recent grad at NDSU and team manager for the track team, casey.weber@my.ndsu.edu. Jenna will coordinate the vegetables.

Family Health Care

Unsure about/not yet confirmed:

CSA

Farmers Market – Kim talking with Dan at New Festival Market

LSS garden

Healthy concession stand options:

Items for sale included:

Frozen Del Monte Fruit Tubes -Cooler Chest with dry ice

Frozen Chobani Fruit yogurt tubes- Cooler Chest with dry ice (Hornbachers carries)

Watermelon wedges (zip lock bags)-Cooler Chest with layers above ice – 1 or 2 melons if weather forecast is warm

Carrot packs- Cooler Chest with layers above ice

Apple slices- Cooler Chest with layers above ice

Sweet Red Pepper Hummus- Cooler Chest with layers above ice – one container

Sun butter 1.1 oz squeeze packs (special order 400/case vs 1.1 oz cups 160/case)

Whole grain rich bagels (or samples)

Water

Skinny popcorn

Trail Mix – Deb will check if we can sell these since they were donated as samples

Samples:

Trail Mix (Red River Commodities 600- 1.1 Oz bags)? If we can't sell them – see above

Hummus dip with a vegetable?

Apples and Sunbutter?

One Vegetable One Community bean sampling – Megan will follow up with Sara

We will move sampling booth away from the concession stand sales area.